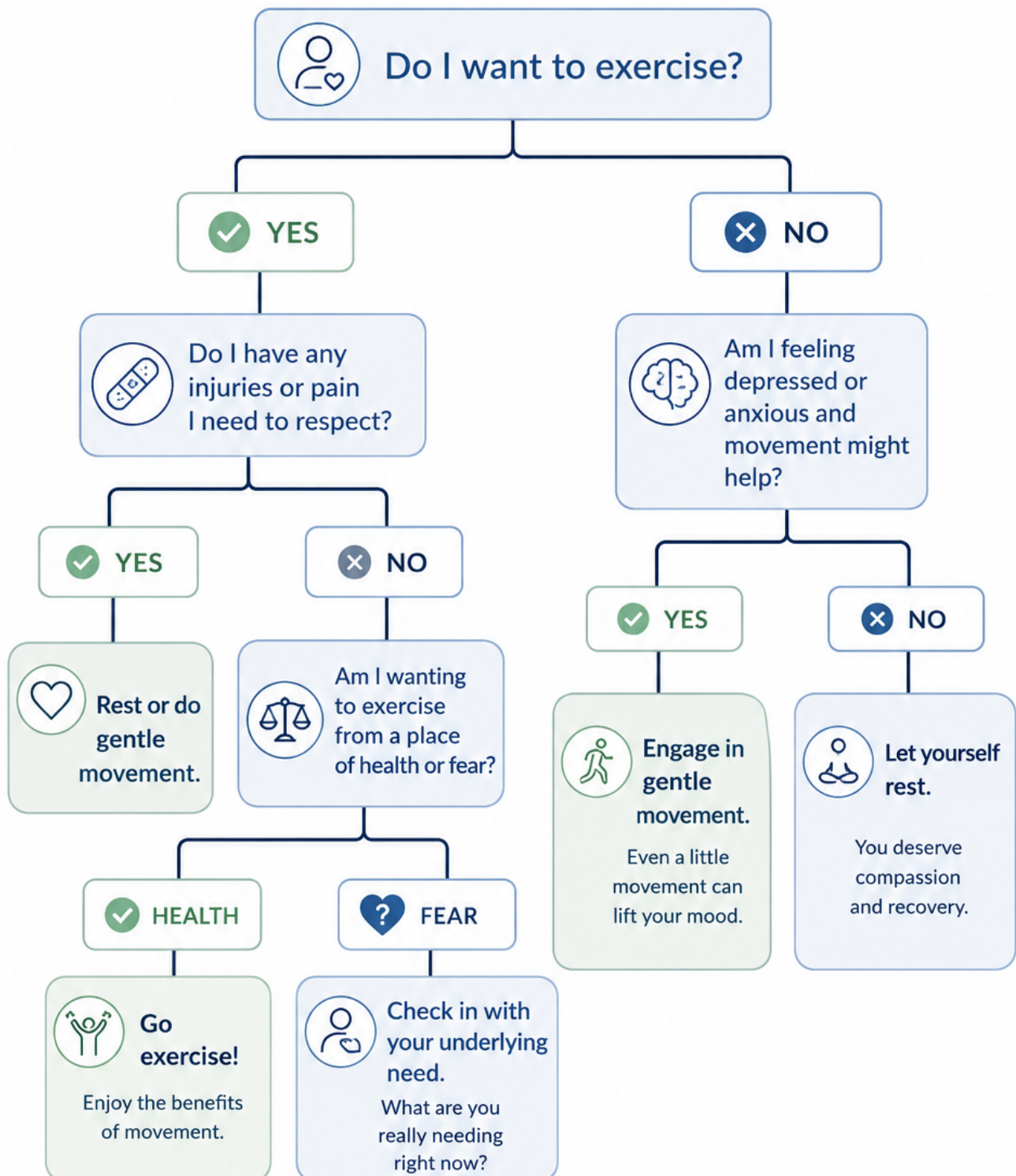




EQUILIBRIUM HEALTH ADVANTAGE

Daily Exercise Check-In

A mindful decision tree to support your movement choices.



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